

# Safety Tips

Office of Safety and Mission Assurance

May 2001

## Safety Eyewear

Do you wear ANSI Z87.1-certified safety eyewear when using a string trimmer or lawn mower? Take a good look at the pictures- a KSC person's near-miss from a string trimmer. Maybe it's time to stop off at the hardware store and pick up a pair of Z87.1-



certified goggles or glasses with side shields. And while you're at it, get a set of hearing protectors with the highest Noise Reduction Rating (NRR) that you can find.



## Spring Water Safety

Spring often combines warm, sunny weather with dangerously cold and rough or high water. Boaters may face high winds, waves, thunderstorms, and even gear that fails the first time back on the water. Paddlers often face high, fast-moving water.

Early season boating can be safe- *if* you're prepared:

- Match the trip to your skills.
- Know the hazards along your route- low-head dams, rapids, strainers, shoals, exposed reaches, etc.
- Know the water conditions- temperature, level, waves- and expected weather.
- Have the proper equipment, carefully check it, and know how to use it.
- Dress to get splashed by frigid water- or to go for a swim in case you capsize.
- Most importantly, [wear your lifejacket](#).



## Three Good Reasons to Wear a Seat Belt

1. Seat belts hold you in your seat, and reduce the chances of colliding with the windshield, dashboard, steering wheel, ceiling, doors, windows, or other passengers. Don't fool yourself by thinking you are strong and quick enough to brace yourself- [research studies show that attempting to brace yourself is rarely successful](#).
2. If you are thrown from the vehicle, the chance for serious injury increases, and your chance for survival diminishes. You could be run over by your own or another vehicle. Your body could hit a tree, guardrail, sign, barricade, or other stationary object.
3. It's the law.



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